

Ajivatthamaka Sila (Eight Precepts with Right Livelihood as the Eighth) **Bibliography in Buddhism**

19 May 2026

Bibliography

Articles

"A Brief History of the Buddhist Group of Kendal (Theravada)", Upasaka Dhammika, *Ketumati Buddhist Vihara (Manchester) Newsletter*, 1 (2006) 2.

"A Brief History of the Buddhist Group of Kendal (Theravada)", *NBO [Network of Buddhist Organisations UK] Connections*, (Winter 2007) Issue 2, 16-17.

"Buddhist Precepts and Lay Dhamma Teaching in the West", Jacquetta Gomes, *Yasodhara Newsletter on International Buddhist Women's Activities*, (October-December 2008), 25(1) No 97, 15-17. (ISSN 0875-1996).

The Free Library weblink <https://www.thefreelibrary.com/https://www.thefreelibrary.com/Yasodhara-Newsletter+on+International+Buddhist+Women%27s+Activities-p2312>

"Buddhist Precepts and lay Dhamma Teaching in the West", Jacquetta Gomes, *Lotus: Journal of the Birmingham Buddhist Vihara*, Issue 31 (Spring 2010) 4-6.

weblink <https://birminghambuddhistvihara.org/>

weblink <https://birminghambuddhistvihara.org/latest-news>

weblink <https://birminghambuddhistvihara.org/latest-news/lotus-issue-31-summer-2010>

weblink <https://birminghambuddhistvihara.org/downloads/lotus-31-68d126fcbec5f563585190.pdf>

weblink <https://www.scribd.com/document/62049382/Journal-of-the-Buddhist-Vihara>

"The development and use of the Eight Precepts for lay practitioners, Upasakas and Upasikas in Theravada Buddhism in the West", Jacquetta Gomes, *Contemporary Buddhism*, Volume 5(1) (May 2004) 47-63. (ISSN 1463-9947). DOI: [10.1080/1463994042000249535](https://doi.org/10.1080/1463994042000249535)
Available at <https://www.tandfonline.com/>

"Dhamma Teachers Certificates", Ketumati Buddhist Vihara and the Buddhist Group of Kendal [Theravada], *NBO [Network of Buddhist Organisations UK] Connections*, (Summer 2006) Issue 1, 4.

"The Eight Precepts in Theravada Buddhism", Jacquetta Gomes, *Buddhism Now*, Volume 18(1) (February 2006) 22-23. .
(*Buddhism Now* was published by the BPG Buddhist Publishing Group, England UK.)

"A Female Ordained Lay Buddhist Minister", *NIBWA Newsletter (Newsletter on International Buddhist Womens Affairs)*, 33 (October-December 1992) 11-12.

"Investigating the Integration of Buddhism into Western Culture", Venerable Walpola Piyananda, *Asian Tribune: A Newspaper Published by World Institute for Asian Studies* (Volume 11 No 618, 4 November 2012).

"Letter from our Reader", *NIBWA Newsletter (Newsletter on International Buddhist Womens Affairs)*, 34 (January-March 1993) 19-20.

"Letters to the Editor", Jacquetta Gomes (*Bodhicarini Upasika Jayasili*), *The Middle Way: Journal of the Buddhist Society*, 85(4), (February 2011) 263-264. (A letter from Jacquetta Gomes (Bodhicarini Upasika Jayasili), Buddhist Group of Kendal (Theravada), in response to 'Should Buddhists be Teetotalers?', *The Middle Way: Journal of The Buddhist Society*, 85 (3) November 2010, pp.167-70.) (ISSN 0026-3214).

<https://www.thebuddhistsociety.org/>

<https://www.thebuddhistsociety.org/page/the-middle-way-2>

"Navanga Uposatha – The Nine Uposatha Precepts", Jacquetta Gomes, *Lotus: the Lay Review and Newsletter of the Birmingham Buddhist Vihara*, Issue 24 (Autumn 2007) 6.

weblink <https://birminghambuddhistvihara.org/>

weblink <https://birminghambuddhistvihara.org/latest-news>

weblink <https://birminghambuddhistvihara.org/latest-news/lotus-issue-24-autumn-2007>

weblink <https://birminghambuddhistvihara.org/downloads/lotus-24-68d4044df0217716633956.pdf>

"News: The Buddhist Group of Kendal (Theravada)", *MLBD [Motilal Banarsidass] Newsletter: A Monthly Indological Bibliography English & Hindi*, 28(11), (November 2006) 15. (ISSN 0970-1535).

"News from Oldham England: (Buddhist Vihara)", *Yasodhara Newsletter on International Buddhist Women's Activities*, (October-December 2006). (ISSN 0875-1996).

Available at <https://www.thefreelibrary.com/>

<https://www.thefreelibrary.com/News+from+Oldham+England.-a0158093983>

<http://www.thefreelibrary.com/Yasodhara->

[Newsletter+on+International+Buddhist+Women%27s+Activities-p2312](http://www.thefreelibrary.com/Yasodhara-Newsletter+on+International+Buddhist+Women%27s+Activities-p2312)

"Newsround: Theravada Lay Ordinations", *The Middle Way: Journal of The Buddhist Society [London]*, 69 (3) (November, 1994) 207-208. (ISSN 0026-3214).

"The Seeds of Dhamma Take Root: The Life-Time Precepts Ceremony", *Bhavana: The Bhavana Society Newsletter*, 14(3) (Fall 1998) 6-9.

"A Select Guide to Indological Periodical Literature: Buddhism: Gomes, Jacquetta -The development and use of the Eight Precepts for lay practitioners, *Upasakas and Upasikas* in Theravada Buddhism in the West", *Contemporary Buddhism*, Volume 5(1) (May, 2004)", *MLBD [Motilal Banarsidass] Newsletter: A Monthly Indological Bibliography English & Hindi*, 27(6) (June 2005), 15. (ISSN 0970-1535).

"Staying at Home: Ajahn Amaro in Conversation with Ajahn Sucitto, Comments on Recent Developments at Abhayagiri", *Forest Sangha Newsletter*, 57 (July 2001) 7-9.

"Taking the Eight Life-Time Precepts", Bhante Gunaratana, *Bhavana: The Bhavana Society Newsletter*, 14(2) (Summer 1998) 18-19.

"Theravada Buddhist Precepts taken by Attendees of Buddhist Group of Kendal (Theravada)", *Lotus: Journal of the Birmingham Buddhist Vihara*, Issue 28 (Spring 2009) 5.

weblink <https://birminghambuddhistvihara.org/>

weblink <https://birminghambuddhistvihara.org/latest-news>

weblink <https://birminghambuddhistvihara.org/latest-news/lotus-issue-28-spring-2009>

weblink<https://birminghambuddhistvihara.org/downloads/lotus-28-68d1291fb2c09992011852.pdf>

“The Value of Precepts”, Bodhicari Vajira, *Sakyadhita: International Association of Buddhist Women Newsletter*, Volume 4 (1) (Summer 1993) 11-12.

Sakyadhita weblink<https://sakyadhita.org/>

<https://sakyadhita.org/newsletters/>

<https://sakyadhita.org/assets/Newsletters/pdfs/4-1-1993.pdf>

“Wesak Celebrations at Dharma Vijaya Buddhist Vihara”, *Asian Tribune: A Newspaper Published by World Institute for Asian Studies* (Volume 9 No 184, 16 May 2009).

Books

Abeyasekera, Radhika. *Questions & Answers in Buddhism*. 2001.2 volumes.

<https://dhammadenna.com/>

<https://www.dhammadenna.com/PDFs/Old/Questions%20and%20Answers%20in%20Buddhism%20Vol%20I.pdf>

<https://dhammadenna.com/PDFs/Questions%20and%20Answers%20in%20Buddhism%20Vol%20II.pdf>

Balangoda Ananda Maitreya Mahanayaka Thera, Venerable. *Nine Special Qualities of the Buddha & Other Essays*. 1995. (London, World Buddhist Foundation)

Balangoda Ananda Maitreya, Venerable, and Jayasili (Jacquetta Gomes). *Introducing Buddhism*. 2003. (Kendal, England, BGKT Buddhist Group of Kendal (Theravada))

Available on the Internet

Access to Insight

<https://www.accesstinsight.org/>

Search for Introducing Buddhism or Buddhist Group of Kendal

https://www.accesstinsight.org/lib/authors/various/introducing_buddhism.pdf

Buddhist eLibrary

<https://www.buddhistelibrary.org/>

Search for Introducing Buddhism or Balangoda Ananda Maitreya

<https://www.buddhistelibrary.org/en/displayimage.php?pid=2448>

Google Books

weblink<https://books.google.com/> search for Introducing Buddhism Jacquetta Gomes

<http://books.google.com/books?printsec=frontcover&id=17XhmfXH9ssC#v=onepage&q&f=false>

Internet Archive

weblink<https://archive.org/>

Full text of Introducing Buddhism included

<https://archive.org/details/introducing-buddhism-bgkt-ven-balangodanandamaitreya-jayasili-jacquettagomes>

<https://archive.org/details/introducing-buddhism-bgkt-ven-balangodanandamaitreya-jayasili-jacquettagomes/mode/2up>

Limited Preview some pages omitted

<https://archive.org/details/introducingbuddh03vene/mode/2up>

Balangoda Ananda Maitreya, Venerable, and Jayasili (Jacquetta Gomes). *Introducing Buddhism*. 2007. (Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN074) (This includes the booklet: *Requirements and Ceremonies*

for the Five Precepts (Panca Sila), *The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila)*, *Dhamma Teachers Certificate*, issued by the Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara at Wesak 2006)

Available on the Internet

Corporate Body of the Buddha Educational Foundation (Taiwan)

weblink<https://www.budaedu.org/> search for Introducing Buddhism or EN074

Google Books

weblink<https://books.google.com/> search for Introducing Buddhism Jacquetta Gomes

<http://books.google.com/books?printsec=frontcover&id=JC01AAKbtHYC#v=onepage&q&f=false>

Internet Archive

weblink<https://archive.org/>

Limited Preview some pages omitted

<https://archive.org/details/introducingbuddh02vene>

Open Library weblink<https://openlibrary.org/>

https://openlibrary.org/works/OL16792919W/Introducing_buddhism

Bond, George D. *The Buddhist Revival in Sri Lanka: Religious Tradition, Reinterpretation, and Response*. 1988. (Columbia USA, University of South Carolina Press). (Studies in Comparative Religion Series). (ISBN 0-87249-557-4).

Internet Archive

<https://archive.org/details/buddhistrevivali0000bond/>

Bond, George D. *The Buddhist Revival in Sri Lanka: Religious Tradition, Reinterpretation, and Response*. 1992. (Delhi India, Motilal Banarsidass Publishers). (Studies in Comparative Religion Series). (ISBN 81-208-1047-3).

Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara. *Requirements and Ceremonies for the Five Precepts (Panca Sila), The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila), Dhamma Teachers Certificate*, issued by the Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara at Wesak 2006). 2006.

Available on the Internet

Internet Archive

weblink<https://archive.org/>

Requirements and Ceremonies

February 2010 updated edition

Full text included

<https://archive.org/details/requirements-ceremonies-buddhistgroupofkendal-bgkt-ketumatibuddhistvihara>

Requirements and Ceremonies

May 2006 edition

Limited Preview some pages omitted

<https://archive.org/details/requirementscere00unse>

Requirements and Ceremonies Appendix to *Introducing Buddhism*

Corporate Body of the Buddha Educational Foundation (Taiwan)

weblink<https://www.budaedu.org/> search for Introducing Buddhism or EN074

Google Books

weblink<https://books.google.com/> search for Introducing Buddhism Jacquetta Gomes

<http://books.google.com/books?printsec=frontcover&id=JC01AAKbtHYC#v=onepage&q&f=false>

Internet Archive

weblink<https://archive.org/>

Limited Preview some pages omitted

<https://archive.org/details/introducingbuddh02vene>

Open Library weblink <https://openlibrary.org/>

https://openlibrary.org/works/OL16792919W/Introducing_buddhism

Dharma Vijaya Buddhist Vihara. *Buddha Vandana: A Book of Buddhist Devotions*. 1990. (Los Angeles California USA, Dharma Vijaya Buddhist Vihara)

Internet Archive weblink <https://archive.org/>

<https://archive.org/details/buddhavandana00piyaarch/buddhavandana00piyaarch/>

<https://ia600202.us.archive.org/2/items/buddhavandana00piyaarch/buddhavandana00piyaarch.pdf>

<https://archive.org/details/buddhavandana00piyaarch/buddhavandana00piyaarch/>

Dharma Vijaya Buddhist Vihara. *Buddha Vandana: A Book of Buddhist Devotions*. May 2019. (Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN075).

Corporate Body of the Buddha Educational Foundation (Taiwan)

weblink <https://www.budaedu.org/> search for Buddha Vandana or EN075

Dharma Vijaya Buddhist Vihara. *The Great Book of Protective Blessings: Pali-English Vesak 2019*. 2019. (Los Angeles California USA, Dharma Vijaya Buddhist Vihara).

(Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN447).

Corporate Body of the Buddha Educational Foundation (Taiwan)

weblink <https://www.budaedu.org/> search for The Great Book or EN447

Henepola Gunaratana, Bhante. *Bhavana Vandana: Devotions for Meditation*. 2008. (Revised edition). (High View West Virginia USA Bhavana Society).

Internet Archive weblink <https://archive.org/>

<https://archive.org/details/BhavanaVandanaDevotionsForMeditation>

<https://ia801605.us.archive.org/18/items/BhavanaVandanaDevotionsForMeditation/VandanaDeskV19.pdf>

Henepola Gunaratana Bhante. *Bhavana Vandana: Book of Devotion*. 1990. (High View West Virginia USA Bhavana Society).

BuddhaNet weblink <https://www.buddhanet.net/>

BuddhaNet weblink http://www.buddhanet.net/pdf_file/vandana.pdf

Buddhistelibraryweblink <https://www.buddhistelibrary.org/>

Buddhistelibraryweblink <https://www.buddhistelibrary.org/en/albums/asst/ebook/vandana.pdf>

Hoffman, Frank J. and Mahinda Deegalle (Editors). *Pali Buddhism*. 1996. (Richmond UK, Curzon Press). (Studies in Asian Philosophy Series). (ISBN 0-7007-0359-4).

Bond, George. D. Section I Philological Foundations, Chapter 1 Theravada Buddhism's Two Formulations of the Dasa Sila and the Ethics of the Gradual Path.

Internet Archive weblink <https://archive.org/>

https://archive.org/details/palibuddhismmahindadeegallefrankhoffmanj.sunnynum_357_J

Hoffman, Frank J. and Mahinda Deegalle (Editors). *Pali Buddhism*. 2016. (UK, Routledge). (Studies in Asian Philosophy Series). (ISBN 0-9781138994737).

Bond, George. D. Section I Philological Foundations, Chapter 1 Theravada Buddhism's Two Formulations of the Dasa Sila and the Ethics of the Gradual Path.

<https://www.routledge.com/Pali-Buddhism/Hoffman-Mahinda/p/book/9781138994737>

Kaluphana, David J. *Ethics in Early Buddhism*. 1995. (Honolulu Hawai'i USA, University of Hawai'i Press). (An East West Center Book). (ISBN 0-8248-1702-8).

Internet Archive weblink <https://archive.org/details/ethicsinearlybud0000kalu>

Kaluphana, David J. *Ethics in Early Buddhism*. 2008. (Delhi India, Motilal Banarsidass Publishers). (ISBN 978-81-208-3280-0).

Ledi Sayadaw, Venerable. *Magganga-Dipani: The Manual of The Constituents of the Noble Path*. 1986. (Revised edition) (Southsea, S.S. Davidson) (ISBN 0-9511206-0-3) (ISBN 978-09511206-0-6)

(*Magganga-Dipani: The Manual of The Constituents of the Noble Path* is included in *The Manuals of Buddhism* as Chapter 7 pages 388-445 and *The Manuals of Dhamma* pages 209-238.)

Ledi Sayadaw, Venerable. *The Manuals of Buddhism*. 2004. (Yangon, Myanmar [Burma] Mother Ayeyarwaddy Publishing House).

Internet Archive weblink <https://archive.org/details/https://archive.org/details/LediSayadawManualOfBuddhism>

The Manuals of Buddhism. 2009. (Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN302)

Ledi Sayadaw, Venerable. *The Manuals of Dhamma*. 2011 reprint of 1999. (Dhammagiri, Igatpuri (Nasik), Mahastara, India, VRI Vipassana Research Institute). (ISBN 978-81-7414-202-9).

VRI Vipassana Research Institute
<https://www.vridhamma.org/About-VRI>

The Manuals of Dhamma

<https://www.vridhamma.org/free-books>

Internet Archive weblink <https://archive.org/>

The Manuals of Dhamma

<https://archive.org/details/AManualOfDhamma>

<https://archive.org/details/the-manual-of-dhamma-by-ven-ledi-sayadaw>

Numrich, Paul David. *Old Wisdom in the New World: Americanization in Two Immigrant Theravada Buddhist Temples*. 1996 (Knoxville Tennessee USA, The University of Tennessee Press) (ISBN 0-87049-905-X)

<https://utpress.org/title/old-wisdom-in-the-new-world/>

Pesala, Bhikkhu. *An Exposition of the Metta Sutta*. 20???. (Alpertown, Association for Insight Meditation).

Aimwell weblink <http://www.aimwell.org/>

weblink <http://www.aimwell.org/expositionofmetta.html>

Books by Bhikkhu Pesala weblink <http://www.aimwell.org/pesala.html>

An Exposition of the Metta Sutta, Bhikkhu Pesala

<http://www.aimwell.org/expositionofmetta.html>

Walpola Piyananda, Bhante, *Sharing Buddhism in the Western World*. 2018. (Los Angeles California USA, Metta From Us) (ISBN 978-0-692-18862-0)

Walpola Piyananda, Bhante, *Sharing Buddhism in the Western World*, 2018. (Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN450)

Corporate Body of the Buddha Educational Foundation (Taiwan)

weblink <https://www.budaedu.org/> search for Sharing Buddhism or EN450

Prebish, Charles S and Tanaka, Kenneth, K. *The Faces of Buddhism in America*. 1998. (Berkeley California, USA, University of California Press) (ISBN 0-520-20460-3) (Current ISBN 978-05202-1301-2)

<https://www.ucpress.edu/book/9780520213012/the-faces-of-buddhism-in-america>

Rewata Dhamma, Maha Thera. *Maha Paritta: The Discourses of the Great Protection (With the Threefold Refuges, Precepts, Salutations to the Triple Gem, Dependent Origination and Metta Bhavana)*. 1996. (Birmingham, Dhamma-Talaka Publications).

Hammalawa Saddhatissa, Venerable. *Buddhist Ethics*. 1977. (3rd edition) (Boston USA, Wisdom Publications). (0-86171-124-6) (Current ISBN 9780861711246)

Wisdom Experience weblink <https://wisdomexperience.org/>

<https://wisdomexperience.org/product/buddhist-ethics/>

<https://wisdomexperience.org/content-author/hammalawa-saddhatissa/> Internet Archive

Internet Archive weblink <https://archive.org/>

<https://archive.org/details/buddhistethics0000sadd>

<https://archive.org/details/buddhistethics0000sadd/mode/2up>

https://archive.org/details/buddhistethics0000sadd_h7a7

https://archive.org/details/buddhistethics0000sadd_n0j8/mode/2up

https://archive.org/details/buddhistethicspathtonirvanahammalawasaddhatissawisdompublications_312_R

Open Library weblink <https://openlibrary.org/>

https://openlibrary.org/authors/OL2924677A/Hammalawa_Saddhatissa

Hammalawa Saddhatissa, Venerable, and Pesala, Venerable. *A Buddhist's Manual*. 1990. (2nd edition) (London, British Mahabodhi Society).

Sayagyi U Chit Tin (assisted by William Pruitt). *Buddhism as a Way of Life and Other Essays*. 2003. (Revised edition) (Heddington Wiltshire, The Sayagyi U Ba Khin Memorial Trust U.K.) (Dhamma Texts Series 4).

<https://www.scribd.com/document/325358830/490-Buddhism-as-a-Way-of-Life-and-Other-Essays-Sayagyi-U-Chit-Tin>

Sayagyi U Chit Tin (edited by William Pruitt). *Buddhist Meditation and the Factors Leading to Awakening (based on Venerable Ledi Sayadaw's Bodhipakkhiya Dipani)*. 1988. (Heddington Wiltshire, The Sayagyi U Ba Khin Memorial Trust U.K.) (Dhamma Texts Series 2).

Internet Archive weblink <https://archive.org/>

<https://archive.org/details/JotikaDhajaUChitTinBuddhistMediationAndTheFactorsLeadingToAwakening>

Sayagyi U Chit Tin (assisted by U San Myint Aung and William Pruitt). *The Perfection of Virtue (Based on the Mahabuddhavamsa by Tipitakadhara Dhammabhandhagarika Ashin Vicittasarabhivamsa, Aggamahapandita Abhidhaja- Maharatthaguru)* 1996. (2nd revised edition) (Heddington Wiltshire, The Sayagyi U Ba Khin Memorial Trust U.K.) (Dhammadana Series 4).

Win, Sao Htun Hmat. *Basic Principles of Burmese Buddhism*. 1985. (Yangon [Rangoon], Myanmar [Burma], Department of Religious Affairs).

Open Library weblink <https://openlibrary.org/>

https://openlibrary.org/books/OL1064902M/Basic_principles_of_Burmese_Buddhism

https://openlibrary.org/authors/OL569445A/Htun_Hmat_Win_Sao

BPS Buddhist Publication Society Kandy Sri Lanka

<https://www.bps.lk/>

Some BPS publications are available on the Access to Insight website

<https://www.accesstoinight.org/>

<https://www.accesstoinight.org/lib/bpslist.html>

BPS Books

http://www.bps.lk/library_books.php

Abhidhamma Studies: Researches into Buddhist Psychology. Nyanaponika Thera, 1976. (3rd edition) (Kandy Sri Lanka, BPS Buddhist Publication Society).

2007. (4th revised and enlarged edition edited and with an introduction by Bhikkhu Bodhi BPS Buddhist Publication Society). (ISBN 978-955-24-0298-2).

https://www.bps.lk/olib/bp/bp303s_Nyanaponika_Abhidhamma-Studies.pdf

Buddhist Dictionary: Manual of Buddhist Terms and Doctrines. Nyanatiloka, Venerable.

2004. (5th revised edition) (Kandy Sri Lanka, BPS Buddhist Publication Society. (ISBN 955-24-0019-8) (Current ISBN 978-974-9511-30-5).

https://www.bps.lk/olib/bp/bp601s_Nyanatiloka_Buddhist-Dictionay.pdf

The Path of Purification (Visuddhimagga). Bhadantacariya Buddhaghosa. (Bhikkhu

Nanamoli translator). 1979. (4th edition) (Kandy Sri Lanka, BPS Buddhist Publication Society edition).

(4th revised and enlarged edition Buddhist Publication Society 2010) (BP207H). (ISBN 978-955-24-0023-6).

[https://www.bps.lk/olib/bp/bp207h_The-Path-of-Purification-\(Visuddhimagga\).pdf](https://www.bps.lk/olib/bp/bp207h_The-Path-of-Purification-(Visuddhimagga).pdf)

The Requisites of Enlightenment: Bodhipakkiya Dipani: A Manual. Ledi Sayadaw,

Venerable. 2007. (2nd edition) (Kandy Sri Lanka, BPS Buddhist Publication Society)

(BP412S). (ISBN 955-24-0291-3) (ISBN 978-955-24-0291-3).

https://www.bps.lk/olib/bp/bp412s_Ledi_Requisites-of-Enlightenment_.pdf

The Seven Contemplations of Insight: A Treatise on Insight Meditation. Prepared under the guidance of Venerable Matara Sri Nanarama Mahathera. 1997. (Kandy Sri Lanka, BPS Buddhist Publication Society). (BP512S). (ISBN 955-24-0124-0).

https://www.bps.lk/olib/bp/bp512s_Nyanarama_Seven-Contemplations-of-Insight.pdf

The Seven Stages of Purification and The Insight Knowledges. Venerable Matara Sri Nanarama Mahathera. 1993 (2nd edition). (Kandy Sri Lanka, BPS Buddhist Publication Society). (BP506S). (ISBN 955-24-0059-7) (ISBN 978-955-24-0059-9).

https://www.bps.lk/olib/bp/bp506s_Nyanarama_Seven-Stages-of-Purification.pdf

BPS Wheel Publications (ISSN 0068-3345)

https://www.bps.lk/library_wheels.php

<https://www.bps.lk/olib/wh/whindex.html>

Wheel 14 *Everyman's Ethics: Four Discourses of the Buddha*. Adapted from the translations of Narada Thera

https://www.bps.lk/olib/wh/wh014_Narada_Everymans-Ethics--Four-Discourses-of-Buddha.html

Wheel 54 *Mirror of the Dhamma: A Manual of Buddhist Chanting and Devotional Texts*.

Narada Maha Thera and Bhikkhu Kassapa, revised by Bhikkhu Khantipalo.

https://www.bps.lk/olib/wh/wh054_Narada_Mirror-Of-The-Dhamma.html

https://www.bps.lk/olib/wh/wh054_Narada-Kassapa_Mirror-of-the-Dhamma.pdf

Wheel 55 *The Five Precepts: Collected Essays*. Dr. Paul Dahlke, Bhikkhu Silacara, L.R. Oates, and G. Constant Lounsbury

https://bps.lk/olib/wh/wh055_Dahlke_et al_Five-Precepts--Collected-Essays.html

Wheel 171-174 *The Requisites of Enlightenment: Bodhipakkiya Dipani: A Manual*. Venerable Ledi Sayadaw, 2nd edition, 2007

https://www.bps.lk/olib/wh/wh171_Ledi_The-Requisites-of-Enlightenment.pdf

Wheel 206/207 *Lay Buddhist Practice*. Bhikkhu Khantipalo.

https://www.bps.lk/olib/wh/wh206_Khantipalo_Lay-Buddhist-Practice.html

Wheel 245-247 *The Noble Eightfold Path and its Factors explained Magganga-dipani*.

Venerable Ledi Sayadaw.

https://www.bps.lk/olib/wh/wh245_Ledi_Noble-Eightfold-Path-and-Factors-Explained.html

Wheel 282/283/284 *Going for Refuge, Taking the Precepts*. Bhikkhu Bodhi.

https://bps.lk/olib/wh/wh282_Bodhi_Going-For-Refuge--Taking-The-Precepts.html

https://bps.lk/olib/wh/wh282_Bodhi_Going-For-Refuge--Taking-The-Precepts.pdf

Dictionaries

Buddhist Dictionary: Manual of Buddhist Terms and Doctrines. Nyanatiloka, Venerable. 2004. (5th revised edition) (Kandy, Sri Lanka, BPS Buddhist Publication Society (ISBN 955-24-0019-8) (Current ISBN 978-974-9511-30-5).

https://www.bps.lk/olib/bp/bp601s_Nyanatiloka_Buddhist-Dictionary.pdf

The Pali Text Society's Pali-English Dictionary. Edited by T.W. Rhys Davids and William Stede (London, Luzac for the PTS Pali Text Society). (ISBN: 978-0-86013-503-6).

1921-1925 edition available online via the Pali Text Society website

<https://palitextsociety.org/product/pali-english-dictionary/>

Journals

Dharma Vijaya Buddhist Vihara Silver Jubilee 1980-2005: Golden Jubilee of Ordination of Bhante Walpola Piyananda 1955-2005, (Dharma Vijaya: Triannual Publication of Dharma Vijaya Buddhist Vihara, Los Angeles), (Anniversary Issue, October, 2005).

Dharma Vijaya weblink <https://www.dharmavijaya.org/>

https://www.dharmavijaya.org/Downloadable_files/Full_magazine.pdf

Dharma Vijaya Magazine, Triannual Publication of Dharma Vijaya Buddhist Vihara, Los Angeles, Kathina Issue 1994: "Buddhist Ministry in the West", 6(1) (October, 1994).

Some of this issue is included in Walpola Piyananda, Bhante, *Sharing Buddhism in the*

Western World, 200 (Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN450)
Corporate Body of the Buddha Educational Foundation (Taiwan)
weblink <https://www.budaedu.org/> search for Sharing Buddhism or EN450

PTS Pali Text Society

<https://palitextsociety.org/>

Updated editions are listed on the PTS website.

List of Issues 2002. 2002. (Oxford, Pali Text Society).

The Pali Text Society's Pali-English Dictionary. Edited by T.W. Rhys Davids and William Stede (London, Luzac for the PTS Pali Text Society). (ISBN: 978-0-86013-503-6).
1921-1925 edition available online via the Pali Text Society website
<https://palitextsociety.org/product/pali-english-dictionary/>

The Book of the Gradual Sayings (Anguttara-Nikaya) or More Numbered Suttas Vol I (Ones, Twos, Threes). Translator F.L. Woodward. 1989 reprint of 1932. (Oxford, Pali Text Society). (ISBN 0-86013-014-2) (Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/the-book-of-the-gradual-sayings-5-volumes/>

The Book of the Gradual Sayings (Anguttara-Nikaya) or More Numbered Suttas Vol III (The Books of the Fives and Sixes). Translator F.L. Woodward. 1995 reprint of 1934. (Oxford, Pali Text Society). (ISBN 0-86013-016-9) (Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/the-book-of-the-gradual-sayings-5-volumes/>

The Book of the Gradual Sayings (Anguttara-Nikaya) or More Numbered Suttas Vol IV (The Books of the Sevens, Eights and Nines). Translator F.L. Woodward. 1989 reprint of 1934. (Oxford, Pali Text Society). (ISBN 0-7100-0092-8) (Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/the-book-of-the-gradual-sayings-5-volumes/>

The Book of the Gradual Sayings (Anguttara-Nikaya) or More Numbered Suttas Volume V (The Book of The Tens and Elevens). Translator F.L. Woodward. 1986 reprint of 1936. (Oxford, Pali Text Society). (ISBN 0-86013-018-5) (Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/the-book-of-the-gradual-sayings-5-volumes/>

The Book of the Gradual Sayings (Anguttara-Nikaya) (5 volumes) (Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/the-book-of-the-gradual-sayings-5-volumes/>

The Book of the Kindred Sayings (Samyutta-Nikaya) or Grouped Suttas Part II The Nidana Book (Nidana-Vagga) Volume II. Mrs C.A.F. Rhys Davids and F.L. Woodward translators. 1997 reprint of 1922. (Oxford, Pali Text Society). (ISBN 0-86013-007-X) (Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/the-book-of-the-kindred-sayings-5-volumes/>

The Book of the Kindred Sayings (Samyutta-Nikaya) or Grouped Suttas Part V (Maha-vagga) Volume V. F.L. Woodward translator. 1997 reprint of 1930. (Oxford, Pali Text

Society). (ISBN 0-86013-012-6) (Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/the-book-of-the-kindred-sayings-5-volumes/>

The Book of the Kindred Sayings (Samyutta-Nikaya) or Grouped Suttas (5 volumes)
(Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/the-book-of-the-kindred-sayings-5-volumes/>

A Buddhist Manual of Psychological Ethics: Being A Translation, now made for the First Time, from the Original Pali, of the First Book in the Abhidhamma Pitaka entitled Dhammasangani Compendium of States or Phenomena. (Introductory Essay and Notes by Caroline A.F. Rhys Davids. 1974. (3rd edition) (Oxford, Pali Text Society). (ISBN 0-86013-062-2) (Current edition ISBN 978-0-86013-062-8).
<https://palitextsociety.org/product/a-buddhist-manual-of-psychological-ethics/>

The Connected Discourses of the Buddha: A New Translation of the Samyutta Nikaya. Translated from the Pali by Bhikkhu Bodhi. 2 Volumes. 2002. (Oxford, Pali Text Society) (Volume II). (ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/connected-discourses-of-the-buddha/>

The Expositor (Atthasalinī): Buddhaghosa's Commentary on the Dhammasangani The First Book of the Abhidhamma Pitaka. Pe Maung Tin translator. Mrs C.A.F. Rhys Davids editor and revisor. Vols I, II in one Volume. 1999 reprint of 1920 and 1921. (Oxford, Pali Text Society). (0-86013-070-3) (Current edition ISBN 978-0-86013-070-3).
<https://palitextsociety.org/product/the-expositor/>

The Guide (Nettipakaraṇa: according to Kaccana Thera). Bhikkhu Nanamoli translator. 1977 reprint of 1962. (Oxford, Pali Text Society). (ISBN 0-7100-8576-1) (Current edition ISBN 978-0-86013-024-6).
<https://palitextsociety.org/product/the-guide/>

The Middle Length Discourses of the Buddha: A New Translation of the Majjhima Nikaya. Translated from the Pali: Original Translation by Bhikkhu Nanamoli: Translation Edited and Revised by Bhikkhu Bodhi. 2002. (2nd edition) (Oxford, Pali Text Society). (Current edition ISBN 978-0-86013-400-8).
<https://palitextsociety.org/product/the-middle-length-discourses-of-the-buddha/>

The Middle Length Sayings (Majjhima-Nikaya) I.B. Horner translator. Volume I. (Oxford, Pali Text Society). 1976 reprint of 1954. (ISBN 0-7100-8392-0)
<https://palitextsociety.org/product/middle-length-sayings/>

The Middle Length Sayings (Majjhima-Nikaya) I.B. Horner translator. 3 volumes (Oxford, Pali Text Society). (Current edition ISBN 978-0-86013-???-?).
<https://palitextsociety.org/product/middle-length-sayings/>

The Numerical Discourses of the Buddha: A Translation of the Anguttara Nikaya. Translated from the Pali: by Bhikkhu Bodhi. 2012. (Oxford, Pali Text Society). (ISBN 978-0-86013-499-2).
<https://palitextsociety.org/product/the-numerical-discourses-of-the-buddha/>

The Path of Purity: Being A Translation of Buddhaghosa's Visuddhimagga. Pe Maung Tin translator. 2003 reprint of 1923, 1929 and 1931. (Oxford, Pali Text Society). (ISBN 0-86013-008-8) (Current edition ISBN 978-0-86013-008-6).
<https://palitextsociety.org/product/the-path-of-purity/>

Suttas and Translations

Suttas and translations are available on the Access to Insight, dhammatalks.org website and Sutta Central websites.

Access to Insight <https://www.accesstoinight.org/>

dhammatalks.org <https://www.dhammatalks.org/> <https://www.dhammatalks.org/suttas/>

Sutta Central <https://suttacentral.net/?lang=en>

Talks

Bodhicarini Upasika Jayasili Jacquetta Gomes gave a Guest Lecture “Development of the Precepts in the West (*Bodhicari* Precepts, 8 *Upasatha* Precepts, Eight Precepts with Right Livelihood)”, to Dhamma USA on 2 October 2023

Dhamma USA weblink <https://www.dhammausa.com/>

The talk is available on youtube

Youtube weblink <https://www.youtube.com/>

Weblink <https://www.youtube.com/watch?v=hjk5wD6O77U>

Tibetan Buddhist Encyclopedia

Category: *Ajivatthamaka Sila* (Eight Precepts with Right Livelihood as the Eighth) by Bodhicarini Upasika

[https://tibetanbuddhistencyclopedia.com/en/index.php?title=Category:Ajivatthamaka_Sila_\(Eight Precepts with Right Livelihood as the Eighth\) by Bodhicarini Upasika](https://tibetanbuddhistencyclopedia.com/en/index.php?title=Category:Ajivatthamaka_Sila_(Eight_Precepts_with_Right_Livelihood_as_the_Eighth)_by_Bodhicarini_Upasika)

Category: Bodhicarini Upasika Jayasili Jacquetta Gomes

[https://tibetanbuddhistencyclopedia.com/en/index.php?title=Category:Bodhicarini Upasika Jayasili Jacquetta Gomes](https://tibetanbuddhistencyclopedia.com/en/index.php?title=Category:Bodhicarini_Upasika_Jayasili_Jacquetta_Gomes)

Websites

8 Plus Lay Preceptee Association

weblink <https://8plusprecepts.pacceka.org/>

Buddhist Door Global BDG

Buddhist Door Global BDG weblink <https://www.buddhistdoor.net/>

Authors weblink <https://www.buddhistdoor.net/authors/>

Author Bodhicarini Upasika Jayasili Jacquetta Gomes

<https://www.buddhistdoor.net/author/bodhicarini-upasika-jayasili-jacquetta-gomes/>

2025 28 July “Venerable Mahalova Ariyadhamma Thera: From Sri Lankan Forest to Civic Engagement in England”, by Bodhicarini Upasika Jayasili Jacquetta Gomes

weblink <https://www.buddhistdoor.net/features/ven-mahalova-ariyadhamma-thera-from-sri-lankan-forest-to-civic-engagement-in-england/>

2024 15 April “Ketumati Buddhist Vihara Celebrates Venerable Pidiville Piyatissa Nayaka Thero’s Appointment as Chief Sangha Nayaka for England”, by Bodhicarini Upasika Jayasili

Jacquetta Gomes

<https://www.buddhistdoor.net/features/ketumati-buddhist-vihara-celebrates-ven-pidiville-piyatissa-nayaka-theros-appointment-as-chief-sangha-nayaka-for-england/>

2021 24 November "Marking the 125th Birth Anniversary of Ven. Ananda Maitreya in England", by Bodhicarini Upasika Jayasili Jacquetta Gomes

weblink <https://www.buddhistdoor.net/features/marking-the-125th-birth-anniversary-of-ven-ananda-maitreya-in-england/>

Buddhist eLibrary

Buddhist eLibrary weblink <http://www.buddhistlibrary.org/>

Buddhist Precepts / Sila

<http://www.buddhistlibrary.org/en/thumbnails.php?album=153>

BGKT Buddhist Group of Kendal (Theravada)

<https://www.buddhistgroupofkendal.co.uk/>

<https://www.buddhistgroupofkendal.co.uk/buddhist-precepts/>

Internet Archive San Francisco California USA

<https://archive.org/>

Buddhist Group of Kendal (Theravada) Internet Archive webpages

<https://archive.org/details/@buddhistgroupkendal>

Wisdom Experience

Wisdom Experience

weblink <https://wisdomexperience.org/>

The Connected Discourses of the Buddha: A New Translation of the Samyutta Nikaya.

Translated from the Pali by Bhikkhu Bodhi. 2000. (Volume II) (Boston USA, Wisdom Publications). (Volume II ISBN 0-86171-189-0) (Single Volume ISBN 978-086171-331-8).

<https://wisdomexperience.org/product/connected-discourses-buddha/>

The Long Discourses of the Buddha: A Translation of the Digha Nikaya. 1987. (Maurice Walsh translator) (Boston USA, Wisdom Publications). (0-86171-030-4) (Current ISBN 978-086171-103-1).

<https://wisdomexperience.org/product/connected-discourses-buddha/>

The Middle Length Discourses of the Buddha: A New Translation of the Majjhima Nikaya.

Translated from the Pali: Original Translation by Bhikkhu Nanamoli: Translation Edited and Revised by Bhikkhu Bodhi. 1995. (Boston USA, Wisdom Publications). (ISBN 0-86171-072-X) (Current ISBN 978-08617-1072-0).

<https://wisdomexperience.org/product/middle-length-discourses-buddha/>

The Numerical Discourses of the Buddha: A Translation of the Anguttara Nikaya. Translated from the Pali: by Bhikkhu Bodhi. 2012. (Boston USA, Wisdom Publications). (ISBN 978-61429-040-7).

<https://wisdomexperience.org/product/numerical-discourses-buddha/>

Bhante Henepola Gunaratana

weblink <https://wisdomexperience.org/bhante-g/>

weblink <https://wisdomexperience.org/content-author/bhante-gunaratana/>

Buddhist Suttas for Recitation: A Companion for Walking the Buddha's Path. Bhante Henepola Gunaratana. 2019. (Boston USA Wisdom Publications). (ISBN 978-161429-489-4).

<https://wisdomexperience.org/product/buddhist-suttas-for-recitation/>

Eight Mindful Steps to Happiness: Walking the Path of The Buddha. Bhante Henepola Gunaratana. 2001. (Boston USA Wisdom Publications). (ISBN 978-086171-176-5)

<https://wisdomexperience.org/product/eight-mindful-steps-happiness/>

Internet Archive weblink<https://archive.org/>

https://archive.org/details/eightmindfulstep0000guna_c9p3/page/n291/mode/2up

Open Library weblink<https://openlibrary.org/>

[https://openlibrary.org/works/OL4305349W/Eight mindful steps to happiness?edition=key%3A/books/OL6796673M](https://openlibrary.org/works/OL4305349W/Eight_mindful_steps_to_happiness?edition=key%3A/books/OL6796673M)